



# **BEST CHIPPING DRILLS**

## **FREE TRAINING GUIDE**

# Connection Drill



The first of our Best Chipping Drills is designed to improve connection between the arms and the torso.

The image above shows a typical action, if the arms are working independently of the body. The trunk hasn't rotated and this 'disconnection' creates issues with club on ball contact.



For this drill, place your lead foot directly opposite the golf ball and move 95% of your weight onto this foot.

Move your trail foot behind you, with just 5% of your weight on it - this is just for balance.

Even though the ball is forward in your stance, it will be positioned exactly opposite your chest.



Stand quite close to the ball, with your lead shoe barely a foot from the ball.

This promotes a slightly more upright shaft position and an improved pendulum action. This aids connection and helps enhance the quality of the strike when chipping.



Here you can see Glen has already turned his trunk towards the target and the golf ball has only travelled a few feet. The drill is helping him to pivot the body around the lead leg.

The arms are connected to the rotating torso and club on ball connection is so much easier.



# One Arm Bounce Drill



This is how many of us were taught how to chip: ball back, shaft forward, hit down and make sure you hit the ball then the grass.

It's a technique still used by elite golfers today but is better suited to low chip & run shots from firm ground. However, if played from soft turf, there is very little margin for error.



The problem for golfers who have learnt the 'hinge & hold' method is there is now no effective bounce of the sole of the club presented to the ground.

This drill is better suited for A Graders but will help any golfer feel the bounce of a wedge glide through the turf. Quite simply, you're going to hit shots with just the bottom hand holding the wedge.



Using a lofted wedge, play the ball slightly forward in a narrow stance with even weight distribution.

Place your lead arm behind you. Take a smooth relaxed swing with your trail arm and club, attempting to sweep the grass under the ball. You don't want to take any divot with this drill. Feel the bottom of the club glide through the turf.



Your goal is to return the wedge's shaft to a vertical position at impact. This allows the full use of the bounce of the sole of the wedge.

If done correctly, the bottom of the club will glide through the grass and the ball will pop up high.

With just one hand, your swing will need to be a little longer than normal.



# Bonus Tip - Shoulder Tilt



Despite now being able to use the bounce of your wedge to help you hit high, soft-landing chips, you'll likely want to learn how to do it with 2 hands. Try to recreate that feeling of the club releasing through impact. The sole of your wedge should be bruising the grass, rather than the leading edge digging into the soft turf.



Our bonus tip is focused on your shoulders and how tilted they should be. It depends entirely on what type of lie you have around the greens. If your ball is lying on a downslope towards the flag or the ground is quite firm, then tilt your shoulders forward to promote a downward angle of approach. Your lead shoulder will be down lower.



However, if you're presented with the opposite type of lie, you'll find it easier by raising your lead shoulder and tilting backwards, away from the target. This helps you shallow your angle of approach, which is ideal for uphill lies and chips from soft ground.



As you can see here, Glen has really rocked his shoulders and his clubhead has swept up the slope. Once again, he is just brushing the grass with his pitching wedge, rather than hitting down on the ball too much and risk having the leading edge become stuck in the turf - a major cause of the duffed chip.



# THANK YOU



Welcome to the team at **Aussie Golf Pros.**

Great to have you on board!

Steve and Glen are here to help you  
**make the most of your golf game.**

Your feedback is greatly appreciated.

If you love our content, have a question,  
or just want to say **G'day,**

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