



TOP 5 GOLF TIPS FOR BEGINNERS

FREE TRAINING GUIDE

Tip #1 - Grip Lightly in Fingers



Our Top 5 Golf Tips for Beginners are simple but vitally important for performance.

However, these tips are not solely for new players and are also relevant for golfers of all levels.

Tip #1 is focused on the grip and rightly so. The game is much easier if you begin with a sound grip.



A common error for beginners is to hold the club in the palms of the hands, as we see on the left. This method inhibits mobility and reduces power.

Place the hands on the rubber grip, so that it rests in the base of your fingers of each hand.

Grip the club lightly for more feel, control and enhanced swing speed.

Tip #2 - Make a Big Circle



Tip #2 concerns width. Width in the golf swing refers to the space created between the club and your chest.

This is an example of a narrow backswing. Glen's swing traces quite a small circle. This leads to a loss of power and consistency.



Imagine painting a huge circle with your hands and the club's grip. By extending the arms and club away from your torso, the club travels in a wider arc in the swing.

This 'width' ensures that clubhead speed increases, without any extra effort.



Tip #3 - Brush the Grass



If you play golf, then you've hit this shot - the cold top! Even Pro's make this mistake occasionally. Is this a technical error causing this mishit? Or did we just swing the club too high and above the grass? If you don't brush the grass, it is simply impossible for you to strike the ball with the sweetspot.



Brushing the grass is the MOST important skill, which every beginner golfer needs to learn. Without the golf ball, attempt to swing at an ideal height. Too high and you don't touch the grass. Too low and your divot is too deep. Then apply the same simple logic with the golf ball.

Tip #4 - Swing Through the Gate



To hit the golf ball from the sweetspot is undoubtedly a challenge! Not only do we need to swing at the ideal height, we also have to brush the grass under the golf ball.

Using 2 long tees, you can gain quality feedback on the position of your clubhead at impact.



Place the tees to form a gate for the club, just wide enough for you to swing the clubhead through. If you hit the inside tee, you'll strike the golf ball off the end of the club. Ouch!

Hit the outside tee and that's evidence that you've struck the ball with inside hosel of the club. Shank!



Tip #5 - Square the Clubface



It's a simple process but not an easy one, so be patient. Try without the ball first. Aim to brush the grass between the tees, 10 times in a row. The gate most not be too wide, it needs to be a challenge. Achieve that and you're ready to attempt the drill with the golf ball. That's a whole new ball game! 😊

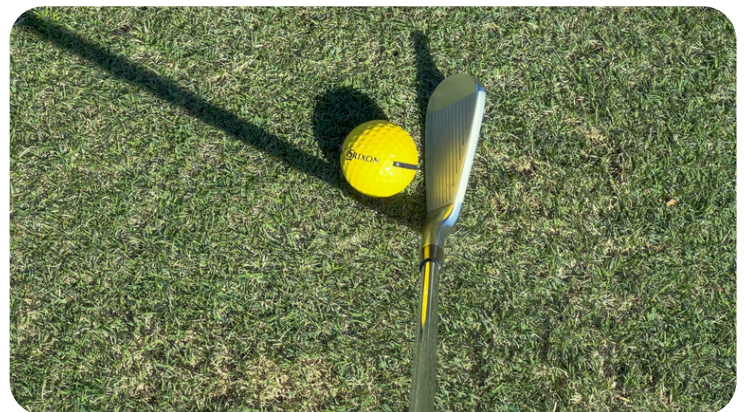


Tip #4 concerns the flight of the golf ball. Believe it or not, ball flight is not as random as it seems. The behaviour of the golf ball is determined by how the clubface is delivered at impact. In which direction will this ball fly? Assuming the strike is ok, the clubface angle largely controls the launch direction and the curve of flight



These 3 images depict the 3 possible clubface angles at setup and impact. They are 'Open', 'Closed' and 'Square'. That's it! Simple!

This clubface is closed at impact and this will cause the ball to curve to the left for a right-handed golfer (right for left-handers).



If the clubface is open at impact, then the golf ball will curve to the right, for a right-handed golfer (left for left-handers).

If you want the golf ball to fly straight and true, then strive to hit the ball with this 'Square' clubface. Watch the ball flight for feedback, every single shot.



THANK YOU



Welcome to the team at **Aussie Golf Pros.**

Great to have you on board!

Steve and Glen are here to help you
make the most of your golf game.

Your feedback is greatly appreciated.

If you love our content, have a question,
or just want to say '**G'day**'

please go to our YouTube channel to comment.

