



3 BEST SHORT GAME DRILLS

FREE TRAINING GUIDE

1. Connection Drill



Many issues with the short game arise from a lack of stability and connection.

We often see players collapse at some during the chipping stroke. It could be the wrists or the arms, working independently of the torso.

This collapsing of the elbows or wrists causes inconsistencies of strike and distance control.



It makes sense that the body and arms should move in sync during the chipping action. When there is a disconnect, the triangle formed by the arms and shoulders, breaks down during the swing. Place a small, soft ball between the forearms. It can be a kids' beach ball, some sponge or even a towel.



There are golf training aids on the market for this type of drill, but as long as it's soft and can be held in position, there are many options.

Ideally, the 'triangle' will maintain its form and integrity throughout the swing. This should be the case for pretty much all chip and pitch shots.



The 'triangle' has maintained its shape for Glen's chipping action, with the backswing and followthrough being almost identical.

This drill is perfect for that 'connection'. The arms and torso are moving together, promoting good rotation through towards the target.



2. Commitment Drill



Drill 2 involves an often neglected aspect of short game coaching - the followthrough!

Many golfers don't hold much importance for the finish, because the ball has already been hit. However, a poor, non-committal or overly long followthrough like this one, can spell disaster for these finesse shots.



The throughswing should closely resemble the backswing, especially where the length of the swing is concerned!

Have a couple of practice swings and determine where you should finish with the club for the chip shot in front of you.

Next, as a guide, angle a Tour Stick in that place.



Next, play the chip, paying special attention to the finish. The shaft of the club should stop at the chosen point, where the Tour Stick is placed.

This drill focuses on two vitally important points:

1. Matching the length of the backswing and throughswing.
2. Committing to a stable and held finish position.



This isn't restricted to short chips. Repeat the process for a longer shot. Both the backswing and followthrough should be longer, but still matching.

Holding the finish steady is a great habit to develop. It promotes better commitment to the shot, both mentally and physically. It helps increase confidence and improves distance control too.



3. Landing Point Drill



For this 'External Focus' drill, firstly decide where to pitch the ball. Create a circle of markers or tees. If you have chosen the ideal club for the scenario and placed to circle accordingly, it should be a simple process to pitch the golf ball inside the circle and watch it roll up next to the hole.



In reality, both choosing the best location for the landing area and then subsequently executing the shot can be extremely challenging. For this chip, Glen is playing a Gap Wedge. This is just one example of a short game strategy. If a different club is played, then the target zone needs to be adjusted.



There are many variations to this drill. One option is to chip with multiple clubs from different distances, aiming to land inside the circle. From closer range, use less loft and from further back, play more loft. This is a very effective way to learn how much roll to expect, when chipping with different clubs.



Here, we see the results of Glen's 3 chip shots. His first and second attempts landed outside the target area and predictably finished away from the flag. He then pitched inside circle for the desired result. If a well executed chip lands inside the target area but doesn't roll the expected distance, then the strategy needs to be adjusted.



THANK YOU



Welcome to the team at **Aussie Golf Pros.**

Great to have you on board!

Steve and Glen are here to help you
make the most of your golf game.

Your feedback is greatly appreciated.

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or just want to say '**G'day**'

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