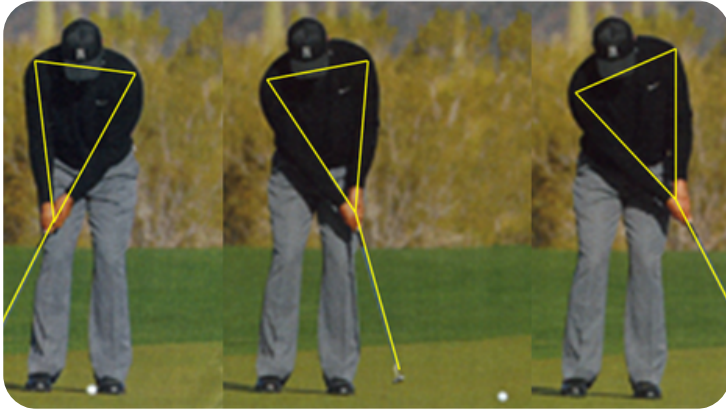


PUTTING PROCESSES

FREE TRAINING GUIDE

Reading Putts



The advice contained within this Training Guide has nothing to do with technique, putting mechanics or even alignment. Instead, we are introducing you to 3 simple processes, which all great putters employ in their routines.

They are easy to implement for any golfer and can save you many strokes on the greens.



The first process involves how you approach your green reading. If you're like most golfers, you crouch down behind the golf ball, in an ambitious attempt to decipher all the nuances and hidden undulations between your ball and the cup.

With experience, you might be able to accurately predict which way your putt will break.....maybe!



However, it is very difficult to read the speed of your putt precisely, from this 'down-the-view'.

By walking around the putt on the low side, you will gain a much higher quality '3D' picture of the putting surface. It is much easier to determine elevation changes from this vantage point too.



Distance control is probably the most important aspect of putting and this process will go a long way to reducing your number of 3-putts.

It's vital to read the speed of your putt before reading the line, as the speed directly influences the break. You will even begin to gain fairly accurate insights into how much borrow is required to hole the putt.



Judging Speed



Putters with poor distance control often struggle with tempo. What is 'Putting Tempo'? Firstly, let's identify the typical issues for a golfer putting with poor tempo.

This player will invariably leave many putts short of the hole but will occasionally blast one well past the cup.



This inconsistency is inevitable, as this golfer is attempting to judge how hard to hit putts. Isn't that how we control distance?

No! Judging power output is extremely difficult and a variable we could do without.

This is the typical length of backswing for many club golfers, regardless of the length of the putt!



For long uphill putts, much acceleration is required of the putter. For fast, downhill putts, deceleration is often employed to reduce the speed of the putter. Clearly, this is a recipe for disaster, as the tempo is changing constantly.

So, how do we develop a more consistent tempo and more constant speed through impact?



Quite simply, you can improve tempo by ensuring that the backswing and throughswing are of equal length. This process reduces the variability and encourages you to judge the speed of a putt by the length of your putting stroke.

Fast putts should be played with a very short stroke. Long and slow putts require a longer swing.



Commitment



Above is a perfect demonstration of a display of anxiety and a lack of commitment to the putt. Shane Lowry has lost confidence on the greens and has allowed this to affect his putting stroke. In short, this is poor body language and negatively affects performance.



We see these types of throughswings everyday on the greens. Some players take one hand off the grip or actually drop the putter to the ground. Others wave the putter around indiscriminately. This causes inconsistency and erodes confidence.



The most common manifestation of this lack of commitment is recoil. This is when the golfer swings through, then immediately drags the putter back away from the target in a classic display of a lack of commitment to the putt. If you want to improve your confidence on the greens, then controlling your finish is key.



Your goal should be to 'stick' your finish. As we discussed, this finish position should mirror the length of the backswing. By holding this followthrough for a couple of seconds, you are focusing on the length of your swing. However, more importantly you're demonstrating commitment to the putt and thereby increasing confidence.



THANK YOU



Welcome to the team at **Aussie Golf Pros.**

Great to have you on board!

Steve and Glen are here to help you
make the most of your golf game.

Your feedback is greatly appreciated.

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or just want to say **G'day**,

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