



3 LOB SHOTS

SHORT GAME TRAINING GUIDE

1. Phil Mickelson Full Flop



Phil Mickelson is famous for being able to hit a Flop Shot over someone with a full swing, from only 3 feet away! This shot requires plenty of speed and produces loads of height and back spin. Unfortunately, it is an extremely risky shot to play.



Typically, this escape is played over a bunker or other hazard to a flag, which is only a few paces on the green. The setup is different from a normal chip or pitch. The clubface is laid way open to 90°, so that you could stand a glass of water on it.

1. Full Flop Shot



The idea is to slide the club under the golf ball. Played correctly, the golf ball will fly almost vertically, with very little forward momentum. For this reason, the swing must be quite long, so that the golf ball will carry over the obstacle.



This image demonstrates the high clubhead speed but slow ball speed, as the high dynamic loft produces plenty of height and spin. With all 3 methods, the hands must be 'soft', to allow the clubhead to pass the hands through impact.

2. Toe Down Cut Across Hack



This is an entirely different technique, which relies upon a steep ‘across the body’ swing plane. Stand quite close to the golf ball with a narrow stance. The grip is high, with the shaft of the club setup quite upright.



Setup with the golf ball slightly forward in the stance. The clubface is open but not as much as in the first method. Raise the ‘Heel’ of the club up, so just the ‘Toe’ of the lob wedge is touching the ground.

2. Toe Down Cut Across Hack



The takeaway is very 'outside' the target line, with a medium length backswing. The swing path through impact is very 'out-to-in'. This steeper angle of attack will produce a larger divot, with the 'toe' of the club limiting any 'chunking'.



Continue with the 'out-to-in' path, swing across the body. This is ideal for playing the lob from hard pan and poor lies. This shot won't spin quite as much as with the first method and will likely bounce sideways on the green, with 'cut' spin.

3. Easy Lob Shot



The setup for the Easy Lob Shot is a little more orthodox, with a regular stance, clubface slightly open and the golf ball forward. There must be no 'forward shaft lean', thus presenting plenty of loft and bounce through the shot.



Here's the real key to this safer, simpler technique - keep the clubhead in front of the grip after impact. This adds load of loft and spin to the shot, without having to turn the clubface wide open or swing across the line dramatically.

3. Easy Lob Shot



There should be little to no divot with this technique, due to the shaft angle and added bounce. Once again, the hands and wrists should be soft, to allow the clubhead to pass the hands, presenting loft and bounce to the impact zone.



The swing isn't as long as with the first method. Sure, it's still a 'fade' shot but without the high risk associated with cutting right across the ball-to-target line. It's a much easier and more repeatable technique with more control.

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