



7 CLUBS TO REPLACE!

SENIORS' GOLF EQUIPMENT GUIDE

20+ Year Old Irons



Most irons built 20+ years ago, lacked certain features. Club manufacturers have developed irons so they're easier to hit, more forgiving and generate more ball speed. This old iron has a narrow sole, which is very flat and can dig into soft turf easily.



They were typically made from a single hunk of heavy metal. Perimeter weighting has been around for a long time, which helps. However, ball speeds are slower and launch angles are lower, due to inferior materials and golf shafts.



Modern Irons



The modern game improvement iron is made from multi-materials, is lightweight, has a lower centre of gravity and a wider, more rounded sole. Golf shafts are also lighter, more responsive and more consistent than ever before.



Due to the increase in ball speeds and launch angles, irons are now built with lower lofts to compensate for the increased flight. Technology has also improved the feel and sound from the clubface at impact with the golf ball.



What is a Chipper?



A chipper is a short club, generally around the same length and lie angle as a putter. The loft of a chipper is about the same as a 9-iron. The sole of the chipper is often quite wide and forgiving. However, should you really carry one?



There's nothing wrong with a chipper. With the wider sole, it is forgiving and useful for playing 'chip and run' shots. That's it! Not much loft and very little versatility!



Just a Cut-Down 9-Iron



If you were to play the same shot with a 9-iron, you could of course, hold down the grip for more control. This raises the heel off the ground, reducing the chance of snagging into the ground and chunking the shot.



You shouldn't need the forgiveness of the wide sole. A chip can be played just as well by hitting the ball first, then the turf. A 9-iron will produce the same launch angle as a chipper. Use other clubs to vary the height and the amount of rollout.



Low-Lofted Driver



As you set up to hit that driver, if you're only seeing this much clubface, you had better be swinging quite fast! This is a 9.5° driver. To produce the ideal height and 'hang time', you'll need to generate 100+ mph clubhead speed.



If you do hit the ball high and want to bring the golf ball down off the tee, using less loft is not the best solution. You're clubface is open at some point in the golf swing, adding dynamic loft. This is how low Glen hit his driver at a slow swing speed.

Match Loft to Your Swing Speed



This is a Cleveland Launcher XL 10.5° driver. This club presents much more loft and is designed to help golfers with slower swing speeds to get the ball in the air. 1° doesn't sound like much but manufacturers measure lofts in various ways.



Glen hits this drive with his 'slower' swing speed with the 10.5° driver and voila! The golf ball launches higher with more backspin, helping to keep the ball in the air for longer. Choose a driver with the loft to match your swing speed.



Low-Bounce Lob Wedge



Many golfers are frightened to use the lob wedge. The truth is that the more loft played around the greens, the higher the risk. However, the big issue that club golfers face, is having the clubhead 'dig' into the soft turf, reducing confidence.



Lob wedges are not all created equally. Some tour professionals like to use lob wedges with narrow soles and little bounce. Great for use from tight lies for elite golfers but rubbish from wet or sandy lies for the majority of amateur golfers.



Wider Sole & More Bounce



There are many, much more forgiving options available. For example, this Cleveland CBX Zipcore Lob Wedge has a much wider sole, which is very rounded and presents a higher bounce angle.



The advanced sole design and higher bounce means the club can glide through the soft or sandy soil, with much less chance of chunking the pitch. This helps players feel more confident about clipping the turf, which is necessary for achieving that high, soft-landing shot.



2 Very Different 4-Irons



These are both Glen's clubs. They are both Srixon 4-irons and both have 23° of loft. There are however, remarkable differences in the playing characteristics of the 2 golf clubs. Which one has Glen chosen to keep in his bag?



To demonstrate, Glen hits good, well struck shots with each club, to a target around 200 yards (180 metres) away. The Srixon ZX Forged II 'blade' club flies quite low and rolls up to just short of the green.



Wider Sole = Higher Launch



The materials in each of the clubheads differ. The ZX Forged blade iron is made from soft 1020 Carbon Steel. The Srixon Utility 4-iron is made from a variety of different metals, such as tungsten and SUP10. It also has a much wider sole.



The advancements in technology enable players to ditch the long irons and replace them with Utility or Hybrid clubs. They hit the ball higher with more carry distance. Glen is a senior golfer and benefits from improvements in club design, just like you. This shot carries the bunker and lands on the green.



Blade Putter



Blade putters and centre-shaft putters like the Acushnet Bullseye were a popular option on the greens last century. There are still many of these putters in Senior Golfers' bags today. Despite the long stroke, this putt stops well short of the cup.



They're perfectly fine if you hit them from the sweet spot. However, these putters have a low M.O.I. That's Moment of Inertia. That means, if a putt is hit from the toe or heel of the club, then energy is lost and the ball won't roll as far as it should



Moment of Inertia (M.O.I.)



The putter head will also twist upon impact, causing the golf ball to roll off-line. This can be the difference between holing or missing a putt. These putters are not very forgiving for mishit putts.



Most modern putters are built with funky shapes. These strange designs aren't just for looks. They are built to move weight away from the centre of the putter and increase M.O.I. These putters don't twist as much as blade putters and are much more forgiving on mishits.



15° 3-Wood



We see this poor choice of club selection every week. The club golfer hits a nice drive into the middle of the fairway on a par 5. He or she automatically reaches for the 15° Fairway Wood and promptly messes up the 2nd shot.....and the hole!



The 15° 3-Wood (or 3-Metal) from the fairway is one of the hardest shots in golf. Quite simply, it's just not enough loft for the majority of golfers. Glen plays his 15° 3-Wood with a slow swing speed. He duffed one and the next barely made it off the ground!



7-Wood For Slower Swing Speeds



Most manufacterers build fairway woods with multiple loft options. If your swing speed is very slow, then leave the ego at home and consider a 7-wood or something with more than 20° loft. It is more consistent much easier to hit.



We've been programmed to believe we should always use a 15° Fairway Wood. You might flush it occasionally and travel further than the more lofted club. However, the drop in consistency by attempting such a difficult shot isn't worth it!



Found Golf Balls React Differently



Have a look in your golf bag. How many different types of golf balls are in there? Got ya! If you thought: "Yes! I'm making all the right decisions with my equipment", then this information might interest you.



Different golf balls react differently from the clubface. Whether you're putting, chipping, pitching or driving, not all golf balls are created equally. Try tapping a couple of different models of golf balls against your putter and hear the difference in pitch.



Low-Compression Golf Balls



Find a golf ball you like and invest in purchasing several of them. Ditch the golf balls you found in the streams and bushes. You'll achieve mixed results from these different makes. Scratches and water affect performance too.



Ultimately, you get what you pay for. 'Tour' golf balls like the Titleist Pro V1s and Srixon Z-Stars are great golf balls for all golfers. If you're on a budget, the low-compression golf balls are the perfect option for players with slower swing speeds and still provide a soft feel for the short game.



THANK YOU



Welcome to the team at Aussie Golf Pros.

Great to have you on board! Steve and Glen are here to help you make the most of your golf game.

Your feedback is greatly appreciated.

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