



## GOLF CHIPPING TIPS

# WEDGE SHOTS TRAINING GUIDE

#### Wedge Shot Inconsistency



Dr Paul Wood and his team recently performed a study on the wedge play of elite and amateur golfers. He discovered that less skilled golfers are much more likely to strike the turf well behind the golf ball, than do professionals.



The other glaringly obvious difference, was the consistency of strike with both the golf ball and the grass. Amateur golfers were much more inconsistent with where they hit the ground in relation to the golf ball......if they hit the turf at all!



#### Clean Contact



Therefore, it is quite clear what amateur golfers need to improve if they want to sharpen up their wedge games. Contact! When hitting chip shots, players must enhance the skill required to hit the grass under the ball, time after time.



The benefits of learning how to do this are many. Firstly, the golf ball is going to fly up into the air, with more backspin. Secondly, it becomes much easier to control the distance the ball flies and how it will react once it lands on the green.



#### Hitting Behind The Ball



So, what must change? Why do amateur golfers hit the grass so far behind the ball? One major cause is a lack of trust in the loft of the wedge. Some players are apt to try to 'help' the ball up, rather than let the loft of the club launch the ball.



Another major issue leading to inconsistent ground contact is 'getting stuck'. We see this every day with club golfers. The stance is too wide and the wedge shot is played entirely with the arms. This often causes fat and thin shots when chipping.



#### The Proper Motion



When chipping or pitching, setup with a fairly narrow stance. This makes it much easier to pivot. It also assists in controlling the bottom of the swing arc, which should be just after the ball.



The chipping action should have flow to it. This relates to better footwork and shift of weight. See how Glen has rotated through to the target, even on this short shot. Notice how the majority of weight is forward, as his trail foot comes around.



#### Steep Or Shallow?



Should the angle of approach into the ball be steep or shallow? Here are 2 examples from professionals, who both display outstanding short games. Scottie Scheffler takes a large divot with his lofted wedge, demonstrating a steep angle.



Jason Day employs a shallower angle of approach with his 'Dead Hands Wedge' shot. He picks the ball off the turf, with no divot. The important similarities are that both players turn forward and hit the grass consistently under the golf ball.



#### **Landing Point**



When training, momentarily take away the stress of chipping to a green. Instead, let's improve distance control by chipping to some buckets. Each shot here, is played solely in the air. The focus is purely on controlling the landing point.



For the best results, it's vital to occasionally make a game out of practice. For example, hit 12 balls, alternating between each target. This first shot lands in the bucket at 5 paces. Glen demonstrates a short swing but is still rotating foward.



#### Swing Length For Control



The second shot is to the 10-pace target. The carry distance is doubled, so both the backswing and followthrough are longer. As the swing lengthens, so does the amount of weight shift and body rotation towards the target.



After missing the 2<sup>nd</sup> bucket, Glen hits the 15-pace bucket on the full. The swing is longer still, rather than hitting the chip harder. He rotates through the shot even further, with his belt bucket now facing the target.



### **THANK YOU**



Welcome to the team at Aussie Golf Pros.

Great to have you on board! Steve and Glen are here to help you make the most of your golf game.

Your feedback is greatly appreciated.

If you love our content, have a question, or just want to say 'G'day'

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