



# **CASE STUDY** **BRYSON DECHAMBEAU**

## **PUTTING SPEED** **TRAINING GUIDE**

# What's Wrong With Bryson's Putting?



Bryson DeChambeau putts well...at times. However, recently he has shown an inconsistency with his speed control on the greens. Let's analyse his putting stroke, to find out what is causing his inconsistency. This putt was on the 11<sup>th</sup> green at Quail Hollow, during the 3<sup>rd</sup> round of the recent USPGA Championships.



For an uphill putt of over 40 feet, Bryson has a short backswing. He then pushes through to a longer followthrough. This is indicative of an accelerating putting stroke. This is a variable that can be difficult to control, especially under pressure.

# Putting Analysis



A split-second later, we can see that his putter has 'recoiled' somewhat. This is when the putter swings backwards involuntarily, after the followthrough. This is not ideal, highlighting a lack of stability to the putting stroke.



Now, where is Bryson's putter heading off to? His ball has rolled only a few feet but already, he is lifting the putter up away from the arc of his stroke. You could argue that the ball has gone, so what? Actually, this demonstrates anxiety and a lack of commitment to the putt.



# A Pendulum Motion



A true pendulum putting action is represented when the backswing and followthrough, closely match each other in length and pace. Glen's backswing is relative to the length of putt and the amount of putter head speed required.



He then swings through the putt, to finish in a stable position, with the length of the followthrough matching that of the backwing. He then holds this finish position for a couple of seconds, demonstrating commitment and building confidence.



# Accelerate vs Decelerate



Cam Smith is discussing his beliefs in how to control his distance on the greens. He doesn't accelerate more for longer or uphill putts. He simply adjusts the length of his swing to alter the speed of the putter head through the stroke.



Many amateur golfers employ the same length of backswing for all putts. Therefore, when faced with a slick, downhill putt, they decelerate to reduce the amount of roll. Much better to learn how to produce a shorter swing for these fast putts.

# Controlling Tempo



Interestingly, Bryson employs a different approach to his chipping. Here, he allows his wedge to stop in the followthrough, rather than over-accelerate through to a longer finish. He then holds this position nicely. His short game is top notch right now!



We can learn much from elite snooker players, by watching how they followthrough. A smooth action is necessary on the billiard table, followed by an extremely stable followthrough. Again, this position should be held to show commitment to the pot.



# Distance Control Drill



This is a simple putting drill, every golfer should employ, before a round of golf. Place 3 golf balls on the practice green. The 1<sup>st</sup> putt should be short, around 6 feet. The 2<sup>nd</sup> putt will be of medium length, at about 18 feet. The final putt should be from at least 30 feet from the flag.



Try to hole each putt with perfect speed. This means that if the ball misses, it should finish 12-18 inches past the cup. Be sure to employ a true pendulum action and that the length of stroke is adjusted, to match the length of each putt.

# THANK YOU



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