



AIMPOINT PUTTING

GREEN READING TRAINING GUIDE

Feeling The Slope



Aimpoint Putting is a relatively new green reading system. It involves measuring the slopes of greens precisely, with the aid of a digital spirit level, rather than relying on 'guessing' by simply looking at the putting surfaces.



Of course, golfers aren't allowed to use such artificial measuring devices during competition play, so the next best option is to feel the slope through the feet. The idea is to train with a spirit level, learning to calibrate the percentage of slope.



1 Finger = 1%



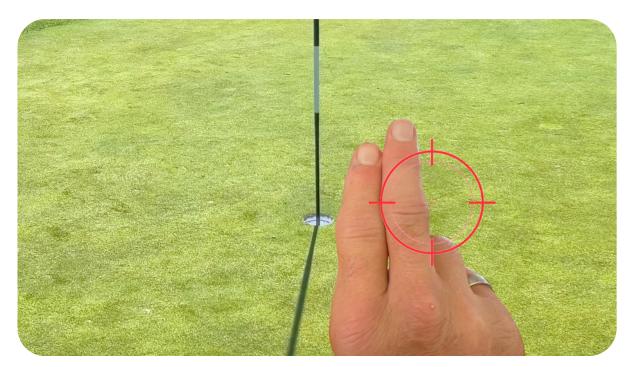
Stand with your toes either side of the golf ball. Once you have determined the amount of side slope for a putt, assign the relevant number of fingers per percentage of gradient. 1 finger = 1%. That's percentage, not degrees.



Close your non-dominant eye and hold the relevant number of fingers in front of you, to the high side of the cup. This putt has a 2% slope from right to left, so Glen holds out 2 fingers of his right hand.



Speed Matters



The edge of your 1st finger should line up with the edge of hole. The outer edge indicates your measured target line, or Aimpoint. However, there are some variables of which you need to be aware. Chiefly, how fast is the putt?



For downhill putts or on faster greens, bend your arm inwards, so that your fingers appear larger in relation to the cup. This indicates an Aimpoint wider from the hole, because you need to allow for more break on faster putts.



Determining Aim Point



In training, it's a good idea to place a tee as a marker, to indicate your Aimpoint. This is your intended start line for the putt. This visual is important, as most golfers tend to under-read putts.



Now for the execution. To hole the putt, you still need to start the golf ball online and at the ideal holing speed. With the tee there as your Aimpoint, this is the ideal opportunity to check your ability to start your putts on the correct line.



Putts Under 6 Feet



For putts of 6 feet and less, you will need to make an adjustment to the 'finger measurement' system. For putts of 1% of less, position the edge of your finger along the centre of the hole.



For putts with increased slope, of 2% and more, place your fingers in front of your dominant eye, so that the edge of your fingers line up with the low edge of the cup. This is a right-to-left putt. Fairly complicated, isn't it?



Longer Putts



For longer putts of 20 feet or more, it's important to measure the slope through your feet at different sections along the putt. Check the gradient at $\frac{1}{3}$ and $\frac{2}{3}$ along the length of the putt and calculate an average percentage for the putt.



Of course, this means making more footprints on the green. Be careful not to stand on your line of putt, or anyone else's. Longer putts have more potential to break, but your fingers will seem 'bigger' in relation to the hole from long range.



Big Swingers



Aimpoint is also effective on big breaking putts. Up to 80% of breaking putts miss on the low side, but assigning more fingers to these 'big swingers' encourages you to allow more borrow. Aimpoint is suggesting a target 6 feet left for this putt!



This takes practice and commitment to your target line. It does work! The Aimpoint Putting Green Reading System is effective for putts with up to 5% of side slope. Anything more than that should be extremely obvious to see!



THANK YOU



Welcome to the team at Aussie Golf Pros.

Great to have you on board! Steve and Glen are here to help you make the most of your golf game.

Your feedback is greatly appreciated.

If you love our content, have a question,
or just want to say '**G'day'**please go to our <u>YouTube channel</u> to comment.

